

St Paul's Church Canford Heath - A Form of Morning Prayer for Personal Use during the Covid-19 Pandemic

Preparation

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and also with you.

This is the day that the Lord has made.
Let us rejoice and be glad in it.

(or) O Lord, open our lips
and our mouth shall proclaim your praise.

Give us the joy of your saving help
and sustain us with your life-giving Spirit.

Confession

Jesus says, "Repent for the Kingdom of heaven is close
at hand." So let us turn away from our sin and turn to
Christ, confessing our sins in penitence and faith.

**Lord God, we have sinned against you;
We have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrong doing
and cleanse us from our sin.
Renew a right spirit within us
and restore to us the joy of your salvation;
through Jesus Christ our Lord. Amen.**

May the Father of all mercies cleanse us from our sins,
and restore us in his image to the praise and glory of
his name, through Jesus Christ our Lord. Amen.

Blessed is the Lord,
For he has heard the voice of our prayer;

therefore shall our hearts dance for joy
and in our song will we praise our God.

This or another Prayer of Praise is said

Blessed are you, creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth
bringing light and life to all creation,
may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Jubilate - Psalm 100 (or Hymn or another Canticle)

1. O be joyful in the Lord, all the earth; *
serve the Lord with gladness
and come before his presence with a song.
2. Know that the Lord is God; *

it is he that has made us and we are his;
we are his people and the sheep of his pasture.

3. Enter his gates with thanksgiving
and his courts with praise; *

give thanks to him and bless his name.

4. For the Lord is gracious; his steadfast love is
everlasting * and his faithfulness endures
from generation to generation.

**Glory to the Father and to the Son and to the Holy
Spirit; as it was in the beginning is now and shall be
for ever. Amen.**

The night has passed, and the day lies open
before us; let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day, so may the
light of your presence, O God, set our hearts on fire
with love for you; now and forever. Amen.

The Word of God

Read a Psalm (for example, Ps. 46; 91; 121; 139)

Read another Bible Reading(s) (for example, Matt.
6:25-34; Mk 4:25-41; John 14:1-6; Rom. 8:18-30; Rev.
21:1-8)

Awake, O sleeper, and arise from the dead.

And Christ shall give you light.

You have died and your life is hid with Christ in God.

Awake, O sleeper, and arise from the dead.

Set your minds on things above,

not on things that are on the earth.

And Christ shall give you light.

When Christ our life appears

you will appear with him in glory

Awake, O sleeper, and arise from the dead,

and Christ shall give you light

The Benedictus Luke 1.68-79

1 Blessed be the Lord the God of Israel, ♦
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ♦
born of the house of his servant David.

3 Through his holy prophets God promised of old ♦
to save us from our enemies,
from the hands of all that hate us,

4 To show mercy to our ancestors, ♦
and to remember his holy covenant.

5 This was the oath God swore
to our father Abraham: ♦

to set us free from the hands of our enemies,

6 Free to worship him without fear, ♦
holy and righteous in his sight all the days of our life.

7 And you, child, shall be called
the prophet of the Most High, ♦
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation ♦
by the forgiveness of all their sins.
9 In the tender compassion of our God ♦
the dawn from on high shall break upon us,
10 To shine on those who dwell in darkness and the
shadow of death, ♦
and to guide our feet into the way of peace.

Creed

Do you believe and trust in God the Father,
source of all being and life,
the one for whom we exist?

We believe and trust in him.

Do you believe and trust in God the Son,
who took our human nature,
died for us and rose again?

We believe and trust in him.

Do you believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

We believe and trust in him.

This is the faith of the Church.

**This is our faith. We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

Prayers Some of those below and others may be used

The Morning Collect

Almighty and everlasting God, we thank you that you
have brought us safely to the beginning of this day.
Keep us from falling into sin or running into danger,
order us in all our doings and guide us to do always
what is righteous in your sight; through Jesus Christ our
Lord. Amen.

A 'Corona Collect'

Heavenly Father, our ever-present help in trouble, our
fortress and our God: calm the anxious fears of all who
turn to you; give strength and healing to those who
are sick, and courage and skill to those who care for
them; grant wisdom and clarity to those in authority;
and humble us all to call upon you that we may be
saved not only in this life, but also for that which is to
come, through Jesus Christ our Lord, Amen.

Alcuin of York (804)

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your
infinite mercy to your holy presence;
through Jesus Christ our Lord. **Amen.**

Richard of Chichester (1253)

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful redeemer, friend and brother,
may we know you more clearly, love you more dearly,
and follow you more nearly, day by day. **Amen.**

A General Thanksgiving

Almighty God, Father of all mercies,
we your unworthy servants do give you most humble
and hearty thanks for all your goodness and loving-
kindness to us and to all people;
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ,
for the means of grace,
and for the hope of glory.
And give us, we pray, such a sense of all your mercies,
that our hearts may be unfeignedly thankful,
and that we show forth your praise,
not only with our lips, but in our lives,
by giving up ourselves to your service,
and by walking before you in holiness
and righteousness all our days;
through Jesus Christ our Lord, to whom with you and
the Holy Spirit be all honour and glory, for ever and
ever. Amen.

The Lord's Prayer

Gathering our prayers and praises into one, as our
Saviour taught us, so we pray

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread,

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Concluding Prayer

In darkness and in light,

in trouble and in joy,

help us, heavenly Father,

to trust your love,

to serve your purpose,

and to praise your name;

through Jesus Christ our Lord. Amen.

Blessing

The Lord bless us, and preserve us from all evil,

And keep us in eternal life. **Amen.**

Let us bless the Lord.

Thanks be to God.

The Grace

**The grace of our Lord Jesus Christ, and the love of
God, and the fellowship of the Holy Spirit,
be with us all evermore. Amen.**

The Peace

May the peace of God, which passes all
understanding, keep our hearts and minds in Christ
Jesus. **Amen.**

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